

Healers,

Thank you for your interest in volunteering for the Wellness Connection hosted at KYWC on the third Sunday of each month. "Healing Sunday" is a wonderful opportunity for you to connect with fellow healers, give the gift of healing, and get known as a healer in the community. We encourage you to attend one or more Wellness Connections before applying.

To apply:

1- Submit your volunteer information form with a copy of your healer certification(s) attached. Level 1 certification in one of the healing arts is required.

2- You will be invited to discuss your healer's training, experience and philosophy and demonstrate at least two healings for the healer committee. The committee has the right to accept, deny, or defer your request at that time.

Best practices for healers:

- Be clean and scent-free. Dress in clean, appropriate clothing.
- Be well hydrated before, during and after sessions.
- Be well rested before sessions. Take a break between sessions when you need one.
- Be of calm, humble, loving mind and energy before and during sessions, put your own agenda and troubles aside.
- Be of the mind that you are a conduit of healing energy and it is that energy that heals
- Ground and center yourself before each session.
- Offer a private prayer or intention for protection and the highest good before healing
- Ground your receiver at the end of the session. Be mindful that some people need assistance getting down from the table or walking to a chair. Offer them a seat and suggest they get a drink or a snack in the kitchen before leaving.
- Detach your energy from the receiver at the close of the session, clear the energy from your healing space, wash your hands.
- If you need or want assistance from another healer, ask. We are glad to partner up and assist each other with a session, questions, concerns, confirmation, etc.
- Be aware of time. Healing Sunday offers a taste of a full session. Set the intention to offer a 20-minute session and stick to it if there are other people waiting.
- There should be little or no talking during a session. Please speak quietly when other sessions are being conducted.

Legality measures: Healing is an act of faith. Begin each session by asking:

- Do you accept this healing? This establishes the act of faith.
- Obtain permission to touch. Ask: May I lightly touch you? If yes, you may place your hands on the person. If no, work only in the auric field. If you use stones or other implements, ask if you may use them/lay them on the body before doing so.
- Healers may not diagnose, prescribe or predict/promise/allude to a probable or desired outcome of the session. This is outside the realm of an act of faith.

**KRIPALU YOGA AND WELLNESS CENTER
VOLUNTEER HEALER INFORMATION FORM**

Name _____ Date _____

Mailing Address _____

Phone Numbers _____

Best Email _____

Web Site _____

Profession _____

Healer and related certification(s) _____

Please attach a copy of your certifications

Other talents, skills, and interests _____

Signature _____ Date _____

Please bring or mail this form to KYWC 14029 Route 11, PO Box 224, Adams Center, NY 13606. We will contact you to schedule your interview. Thank you.

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KYWC Review Committee Signatures

_____ Date _____

_____ Date _____

_____ Date _____

_____ Date _____

Created by V.S. 5/18